

CERTIFICATE OF PARTICIPATION

This is to certify that

Ngwanathole Nong

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 06:22:11

PACE 07:57/km

GENDER 32 of 55

OVERALL 295 of 421

**SENIOR (20- 18 of 27
39)**

26 October 2019, Sat

Date



BoutTime

Signature

